

Richland County
Post 6 Bugle
November 2023



Serving America and Veterans since 1919
Teresa L. Meagher, Commander 2023-2024

**NOVEMBER MEETINGS AND
EVENTS**

- 8 – 10:15 am - Live Well Wednesdays
- 9 – 5:00 pm Legion Executive Meeting
6.00 pm Dinner Served
6:00 pm Auxiliary Meeting
6:30 pm Post Meeting/Program
- 14 – Buddy Check Calls
- 15 – 6:00 pm SAL meeting in conference room.
- 16 – 5:00 pm Riders Social Hour & Meeting
- 23 – Happy Thanksgiving (no Steak Night)
- 27 – 8:30 pm All Veteran's Breakfast
- 29 – 9:00 am– 12 Noon Post Clean-up Day
(with lunch)

LIVE WELL WEDNESDAYS
2nd Wednesday of Each Month

- 10:15– 10:30 am Grab a snack and a seat;
- 10:30 – 11:15 am Presentation
- 11:15 to 11:30 am Q &A Time
- 11:30 – 11:45 am Wrap Up

Leigon Meeting Night / Dinner Menu

*Thanksgiving Meal: Roast turkey w/
dressing, Giblet gravy, Yellow rice, Black
eyed peas, Cornbread, Tossed salad and
Desert*

General Meeting:
*Presentation and review of Revised
Constitution and By-laws*



Look ahead to December's Meeting:



There will be a special end-of-year presentation for the Post Christmas dinner on Thu, 14 Dec. Would like for members to submit a photo to be included in the presentation. Need photos from Auxiliary, SAL, and Riders events as well.

Send photos in JPEG format to Commander Teri Meagher at tmeagher62@windstream.net or Kevin Stegall at alrp6@alrp6.org. Photos must be submitted by Mon, 20 November.



**Located under the Carolina Tower:
200 Pickens Street, Columbia, SC
Phone 803-799-2736
E-mail: alrp6@alrp6.org
Office Hours: M-F, 9:00am–1:00pm**

VISIT Post Six's NEW Website!
<https://www.rcamericanlegionpost6.com>

Post Everlasting

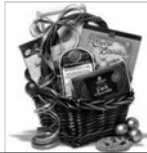
Mike Maynard – USN – Vietnam
 Daniel Slovick – USN – Vietnam
 Nicholas Papadea – USN – Vietnam



Holiday Giving Opportunities for VA



Holiday Food Baskets



- (canned, bagged, jarred, or boxed)
- Canned Green Beans • Fried onions
 - Mushroom soup • Canned yams
 - Evaporated milk • Canned Corn
 - Instant Mashed Potatoes • Rice
 - Stuffing • Macaroni • Gravy
 - Cake mix & icing. Bring to post no later than Nov 8, 9:00 am -1:00 pm

VA

General needs for patients, CLC, and food bank

Razors for men—multi-blade (triple or quad); Sensitive skin body wash; Lotion for men and women; Men’s underwear— SM & MED; Men’s sweatpants & sweatshirts— SM-5XL; Men’s shorts and tee shirts— XL, 2XL, 4XL, 5XL; Men’s T-shirts—Sm, Lg XL-5XL; Men’s tank top (undershirts) - ALL SIZES; Women’s sneakers: size 6—10. Gift Cards— Gas Stations, Grocery Store Walmart, Target, VISA and Master Card.



RUN for the Fallen— from the State House to Mount Pleasant SC., 122 miles, 3 days and hundreds of hero signs along the way!

What an amazing honor to host the Gold Star event’s board and volunteers for dinner the night before the 6:30 am start!



“Membership Status”

American Legion — **69%** — 136 more needed
 American Legion Auxiliary — **63%** — 22 to go
 Sons of The American Legion — **38%** — 18 to go

Next Goal — 100% by New Years



American Legion

Wow! Only 136 members to go for 100%! So very close. Just a reminder, that your 2023 membership will expire on December 31st. It is time to stop those renewal notices hiding in your mailbox. Just go ahead and get it done or you may quickly and easily renew online at mylegion.org by clicking MEMBERSHIP in the bar across the top and then selecting RENEW.

In fact think about going “Paid up for Life”! No more renewal notices forever!

Check with the post Adjutant for an amount to pay, and you can pay with installments. Sometimes National will email you with an offer of \$100 off!



American Legion Auxiliary

Ladies, things have been calm for the Auxiliary Unit. Coming up, the 11th of November ALA District 10 will take place at our Post home at 9:30. Hosted by Unit 174, as their Post home will be going through some renovations.

We will do the Christmas Shop at VA Dorn on Monday Dec. 4 th, please join us to wrap gifts for veterans loved ones.

At the November meeting we will need to discuss a Silent Auction basket for the Christmas Dinner meeting.



Sons of the American Legion

On Dec 4th, The Sons will meet the children from Epworth at Colonial Life, to distribute gift cards and provide concessions for them. The children will also be receiving shoes at this annual event from Coach Staley.



American Legion Riders

The riders will be collecting donations for the USO at the Columbia Airport until Dec. 31st. Items needed include cases of water, cases of individual snacks of various crackers, nuts (peanuts, almonds cashews etc.) Items can be dropped off at the post (M-F between 9am—1pm). For more info or pick-up call LZ Harrison, Jr., at 803-360-3830.

Veterans Events in November!



VETERANS DAY CELEBRATION



NOVEMBER 4, 2023 • 10AM TO 2PM
DOKO MEADOWS PARK,
BLYTHEWOOD SC

★ ★ ★ THANK YOU FOR YOUR SACRIFICE ★ ★ ★



*Lexington County 21st Annual
 Veteran's Parade*
Sunday, Nov. 5th at 3:00 pm
(Rain date Nov. 23th)
Main Street & South Lake Dr.
Downtown Lexington
Grand Marshal
USAR Ret. Col. Mike Flack

USC Veterans Day 5K
2:00 pm at the corner of Lincoln and
Green Streets, Columbia
November 12, 2023
Age 13 + \$25; Veterans/USC Students \$15;

Live Well Wednesday

Join us the 2nd Wednesday of Each Month
Open to the Public!!
Doors Open at 10am

November 8th Guest Speaker
Dr. Bowers: Centerwell Senior Primary Care
Diabetes Management



Do you have questions about managing diabetes? Questions about the effectiveness of OZEMPIC & SEMAGLUTIDE? Questions on how to improve your lifestyle & increase your longevity? Join us and ask Dr. Bowers during our Q&A session!

The American Legion Post 6 * 200 S. Pickens St. * Columbia, SC * 29205
For More Information Call Gina Berry Always Best Care: 803-683-1208

Veterans Helping Veterans

Veteran Ceremony

November 12, 2023 | 5:00 pm

Hosted by **Rehoboth UMC**
 6911 Two Notch Rd | Columbia, SC 29223

followed by a Meal at 6:00 pm



Speaker: Colonel Robert Manning
 (retired) U.S. Army


Music: All-Veteran Brass Quintet

Honorary Guest: World War II Veterans

Followed by: "Good Old Chicken Bog"
 with all trimmings.

Tables for sitting
 6 - 8 participants available.

THE CITY OF COLUMBIA'S CELEBRATES ITS



45th VETERANS DAY PARADE


★ ★ ★ ★ ★ ★ ★ ★

FRIDAY NOVEMBER 10TH 2023

SUMTER & LAUREL STREETS
 STARTING AT 11AM



Grand Marshall:
Vietnam Veterans

HONORING ALL WHO SERVED



For more information or to participate, contact Columbia Parks & Recreation at 803-545-3100 or visit www.columbiasc.net/parks-recreation

Individual and Organization Donations accepted.
 All net proceeds will go to support local veterans.
 Email tigerraglw@yahoo.com or Call LW Smith 803-730-6769

**AMERICAN
LEGION**
 RICHLAND POST 6
 200 PICKENS ST
 COLUMBIA SC 29205

NON PROFIT
 ORGANIZATION
 US POSTAGE
 PAID
 PERMIT NO.
 77
 COLUMBIA SC

\$800 Cash Raffle

Tickets will be available at meetings and events for \$5.00 each. Two tickets will be drawn for \$400 each, the more you buy the better chance of winning both tickets! Drawing will be January 1st



BE THE ONE

TO ASK VETERANS IN YOUR LIFE HOW THEY ARE DOING.

TO LISTEN WHEN A VETERAN NEEDS TO TALK.

TO REACH OUT WHEN A VETERAN IS STRUGGLING.



**Over the Horizon
 Stay tuned for a Spaghetti
 Fundraiser Dinner**

and

**Comedy Night with Dinner
 Coming in the next few
 months!**